

# East Family HUBs

SCAN  
TO JOIN

easyPEASY



City of  
Doncaster  
Council



## East Family Hubs June-July Timetable

### Other community venues we deliver at:

**Shaw Wood Academy**

Mere Lane, Armthorpe, DN3 2DG

**St Nicholas Church Hall**

Stonegate, Thorne, DN8 5NP

**Edenthorpe Community Centre**

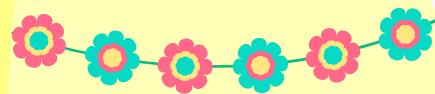
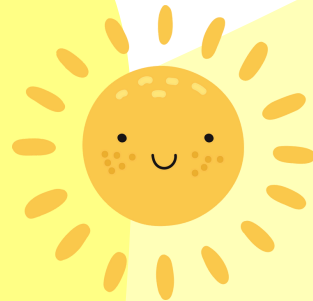
Cedric Road, DN3 2HZ

**Thorne Library**

Vermuyden Centre, Field Side, DN8 4BQ

**Hatfield Library**

High Street, DN7 6RY



Discover the sessions, activities,  
support and events taking place for families of  
children aged 0-5 and beyond!

### Join us at:

**Stainforth Family Hub**

**Moorends Family Hub**

**Armthorpe Family Hub**



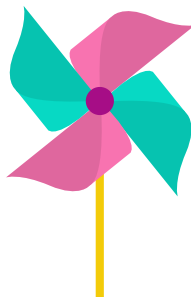
We can't wait  
to see you!



Proudly supporting families in East Doncaster including:

Stainforth • Armthorpe • Thorne • Moorends • Hatfield • Hatfield Woodhouse  
Kirk Sandall • Edenthorpe • Dunsville • Dunscroft • Barnby Dun • Fishlake

[www.yourlifedoncaster.co.uk/family-hubs](http://www.yourlifedoncaster.co.uk/family-hubs)

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Stainforth	<b>Forest Toddlers</b> 1:30pm-2:30pm	<b>Sexual Health Clinic</b> 9am-11:30am Select Tuesdays Call 01302 272165 to book an appointment.  <b>Tuneful Chatter</b> 1:30pm-2:30pm	All of our sessions are dad/male carer friendly	<b>First Friends</b> 9:30am-11am  <b>Infant Massage</b> 1pm-2pm (Invite via Health Team)	 Scan the QR code to become a member today!
Armthorpe	<b>First Friends</b> 9:30am-11am  <b>Stay &amp; Play</b> 1pm-2:30pm	<b>Forest School</b> 9:15am-10:15am (Shaw Wood Academy)  <b>Childminder Drop-in</b> 9:30am-11am		<b>Breast Start</b> 1:30pm-3pm	<b>Infant Massage</b> 1pm-2:30pm (Invite via Health Team)
Moorends		<b>Stay &amp; Play</b> 1pm-2:30pm	<b>First Friends</b> 9:30am-11am	<b>Toddler Time</b> 9:30am-11:00am (*Starting 12th June*)  <b>LIGHT Peer Support</b> 1pm-2pm	<b>Infant Massage</b> 1pm-2pm (Invite via Health Team)
Other venues	<b>Wriggle, Rhyme &amp; Story Time</b> 10am-11am Hatfield Library	<b>First Friends</b> 9:30am-11am Edenthorpe Community Centre (Term-time only) 	<b>Wriggle, Rhyme &amp; Story Time</b> 10am-11am Thorne Library	<b>First Friends</b> 1pm-2:30pm St Nicholas Church Hall, Thorne	<b>First Steps Toddler Group</b> 9:30am-10:30am Shaw Wood Academy  <b>Hatfield Woodhouse Playgroup</b> 9:30am-11am Hatfield Woodhouse Village Hall (Family Hub Drop in)

# Sessions & Activities

East  
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## ✿ Breast Start

A friendly and relaxed environment that gives an opportunity to meet other mums, share experiences and build your confidence to breastfeed with support from peer supporters and a trained Health Promotion Practitioner. **You can attend this group if you are currently pregnant.**



## ✿ Infant Massage (From 6 Weeks)

You will be invited to book onto these sessions by your Health Visitor - You will learn gentle massage techniques with your baby, which will support bonding and attachment, improve baby's skin and sleep, aid digestion and help reduce colic. **Call the Health team for more information on 0300 021 8997.**

## ✿ First Friends (Pre-Birth to Pre-Crawling)

Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all. Health and development advice from a trained Nursery Nurse is available. **You can attend this group if you are currently pregnant.**



Now in a  
community  
library near you!

## ✿ Stay & Play (0-5)

Come along and join us for our Stay and Play session which offers a fun session for you and your child to play and learn new skills with a range of fun filled activities. It includes sensory play, outdoor play, messy play, music and instruments, physical toys and games, books and stories, singing and snack time.



## ✿ Tuneful Chatter (All ages welcome)

Take part in playful arts activities with Tuneful Chatter! Here, your children will have fun with experienced artists exploring music, dance, and drama activities. This activity is part of Tuneful Chatter, funded by Arts Council England Place Partnerships and Doncaster Council, and led by darts, Cast and City of Doncaster Council's Early Years Intervention and Prevention Service.

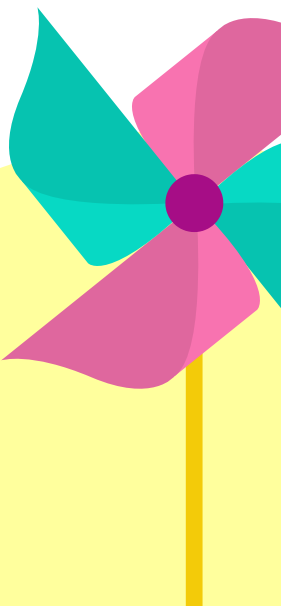
## ✿ Wriggle, Rhyme & Story Time (0-5)

Come along and enjoy our fun and interactive session where children can explore music and rhymes with their parent/carer using our props and sensory resources. Join in with a range of activities that can be easily completed in the family home and enjoy sharing story time led by our Early Years Development Workers.

## NEW! LIGHT Support Group

Light is a pre and post-natal peer support group providing support around emotional wellbeing and mental health of mums and their families.

**For more information please  
call 01144 388962.**



# Sessions & Activities

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## **Forest School** *(Walking to School Age)*

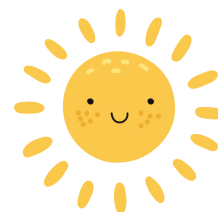
Forest school provides children with the opportunity to explore and learn in the natural environment. Investigating wildlife, plants, and trees of the local woodlands, through fun and interactive activities, such as bug hunting, den building, Hapa zomeing and more.

## **Childminder Drop-in Sessions**

Run by Ofsted Registered Childminders for the children they care for to play in a stimulating, safe and fun environment. This group also provides the opportunity for networking between Childminders.

## **Other Services and Support**

You can also access information and support around **volunteering, counselling services**, how to join our parent groups or become a **parent champion**, access **wider feeding support** and much more. for more information about each of these, visit [www.doncaster.gov.uk/familyhubs](http://www.doncaster.gov.uk/familyhubs).



Don't forget  
to follow us  
on Facebook

for all the latest updates!  
Just search for  
your local family hub!



**Our venues :**

### **Stainforth Family Hub**

Junction Road, Stainforth,  
DN7 5DH  
01302 734048

### **Armthorpe Family Hub**

Mere Lane, Armthorpe,  
DN3 2DG  
01302 736760

### **Moorends Family Hub**

Marshland Road, Moorends,  
DN8 4SB  
01302 737470

**Become a member at  
your local Family Hub!**

For more information, visit:

[WWW.YOURLIFEDONCASTER.CO.UK/FAMILY-HUBS](http://WWW.YOURLIFEDONCASTER.CO.UK/FAMILY-HUBS)

